



I AM ADDICTION

I start in small ways, promising many things.

I promise you enjoyment and pleasure beyond your wildest dreams...

I deliver despair and guilt more horrible than your worst nightmare.

I promise you power and courage...

I give you feelings of powerlessness and helplessness.

I force you to live in fear... always.

I promise you relief and escape from your daily problems...

I create for you more problems –
greater problems than you ever imagined possible.

I promise comfort... I create pain.

I promise friends... I allow only loneliness and isolation.

I AM ADDICTION

Love, Hope, Faith, and Truth are impossible in my presence.

Hate, Emptiness, Hurt, and Lies are the only realities I allow.

I am seductive and deadly (though I'll never let you know it).

I destroy everyone who lives my lie.

I am a thief of reality.

Disguised as Beauty – I am all that is ugly and evil.



MyAddictionRecoveryCoach.com

905-683-6489